

MS WALK RUN+ROLL

SUNDAY 26 MAY | SYDNEY | Metcalfe Park - Pyrmont

#mswalkrunroll | 1300 733 690 | events@ms.org.au

mswalk.org.au

5 km Course

1 lap of orange course

10 km Course

2 laps of orange course



Toilets



Water



First Aid



Food / Drink



Information

Rest Site 1 Waterfront Park



Start / Finish Metcalfe Park



Rest Site 2 (10km only) Metcalfe Park



*Subject to change